

# **Renee Gebhart, LCSW, MSW**

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**OBJECTIVE: Provide hope and healing for individuals, couples, families, and groups through therapy, groups, and psychoeducation.**

## **SUMMARY**

- Experienced with addiction, codependency, dual diagnosis, crisis work, head injuries, mental retardation, chronic mental illness and medically ill populations.
- Worked with a wide range of age groups (children – geriatric).
- Skilled in working with individuals, couples, families, and groups.
- Facilitator of the Love and Logic approach for parents and teachers.
- Developed and facilitated the H.E.A.R.T class for couples.

## **PROFESSIONAL EXPERIENCE**

### **Interviewing & Assessment**

- Recruited study patients for a multi-center intervention study of Lung Transplant patients for Washington University Behavioral Medicine Center.
- Trained by Washington University Behavioral Medicine Center to administer the DISH depression and anxiety assessment tool.
- Assessed crisis situations and connected patients with support while working for Life Crisis Hotline.
- Conducted Exit Interviews for terminated Saint Louis University employees and connected them to University and community resources.

### **Clinical Counseling**

- Provided individual, marital, and family therapy to clients of Catholic Family Services.
- Provided Stress Management therapy to patients enrolled in a CABG research study at Washington University per a 12 week protocol.
- Provided individual counseling, case management, and group therapy to chemically dependent and/or dual diagnosis patients of the IOP and Aftercare Program at St. John's Mercy Medical Center/Edgewood.
- Provided case management, individual therapy, and group therapy to Partial Hospitalization Program/Intensive Outpatient Program clients at SouthPointe Hospital.
- Provided over 500 smoking cessation consults to patients of Barnes Jewish Hospital.
- Facilitated "Becoming a Love and Logic Parent" to CFS clients.

## **Program and Project Implementation**

- Served on Continuing Quality Improvement committee for Catholic Family Services.
- Developed and implemented a marketing plan to increase enrollment in Love and Logic programs for Catholic Family Services.
- Developed and presented Professional Development seminars for Saint Louis University staff: Conflict Resolution, Managing Change, First Aid, Customer Service, Performance Standards, and Business Writing.
- Consulted with all levels of management in a University and Healthcare setting to correct system inefficiency and improve customer service.
- Chaired the Office Professional Day committee, a committee formed to recognize and honor an administrative professional from Saint Louis University, managed the event budget, organized and directed the Office Professional Day event, attended by more than 200 SLU employees.
- Developed and implemented “Manager’s Roundtables” for Saint Louis University management staff.

## **EMPLOYMENT HISTORY**

### **Collaborative Marriage & Family Counseling, St. Louis, MO**

Psychotherapist, April 2009 - Present

### **Mid-County Physicians, Inc, Kirkwood, MO**

Psychotherapist, July 2008 - Present

### **Catholic Family Services, St. Louis, MO**

Psychotherapist, June 2005 – April 2009

### **Behavioral Medicine Center, Washington University, St Louis, MO**

Staff Therapist, December 2002 – April 2005

### **Psychiatry, SouthPointe Hospital, St. Louis, MO**

Medical/Psychiatric Social Worker, August 2000 – November 2002

### **Catholic Family Services, St. Louis, MO**

Social Work Intern, May 2000 – August 2000

### **Human Resources, Saint Louis University, St. Louis, MO**

Training Specialist, August 1997 – August 2000

Sr. Human Resources Assistant, August 1996 – August 1997

### **St. John’s Mercy Medical Center/Edgewood, St. Louis, MO**

Social Work Intern, May 1998 – November 1998

### **Life Crisis Center, St. Louis, MO**

Social Work Intern, May 1997 – August 1997

### **Touro Infirmary/Neuropsychology Rehabilitation Unit, New Orleans, LA**

Psychology Intern, August 1995 – December 1995

## **EDUCATION**

**Masters of Social Work** (August 2000)—Saint Louis University, St. Louis, MO

**Bachelor of Arts, Psychology** (May 1996)—*Magna Cum Laude*—Loyola University, New Orleans, LA